



# Forest School & SCQF FOLA Levels 2-4

(Forest & Outdoor Learning Awards)

## 2024-25

**Forest School is a child-centred, inspirational learning process facilitated by qualified practitioners in an outdoor setting.**



## WHAT IS FOREST SCHOOL?

Forest Schools is a child-centred, inspirational learning process offering holistic growth through regular sessions. Qualified practitioners facilitate play, exploration & supported risk taking to build confidence & self-esteem in an outdoor setting.

### 6 principles of Forest School

**1-**Forest School is a long-term process of regular sessions; the cycle of planning, observation, adaptation and review links each session.

**2-**Forest School takes place in a woodland or natural environment to support the development of a lifelong relationship between the learner and the natural world.

**3-**Forest School uses a range of learner-centred processes to create a community for being, development and learning.

**4-**Forest School aims to promote the holistic development of all involved, fostering resilient, confident, independent and creative learners.

**5-**Forest School offers learners the opportunity to take supported risks appropriate to the environment and to themselves.

**6-**Forest School is run by qualified Forest School practitioners, who continuously maintain and develop their professional practice.

### FOLA level 5 & 6 coming soon

## FOLA AWARDS

FOLA is a Forest School based national qualification at Scottish Credit and Qualifications Framework (SCQF). Each award can be taken stand alone or as part of a progression pathway.

Level 2-4 focus on skills development and have no entry requirements. We recommend a minimum of 8 weeks for level 2-4.

## COSTINGS

### FOREST SCHOOL

(Without FOLA qualification-Up to 10 young people)

#### On-site

Block of 6 Full Day Sessions: £1680

Block of 6 Half Day Sessions: £1200

#### Off-site

Block of 6 Full Day Sessions: £1860

Block of 6 Half Day Sessions: £1380

### FOLA LEVEL 2-4

(Up to 10 young people)

Costings are based on delivery for up to 3 hours per session with time for planning, review, evidencing and certification costs.

#### On-site

Block of 8 Sessions: £2300

#### Off-site

Block of 8 Sessions: £2540

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